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Jockey Club Family Therapy Programme

Public Talk

Introduction to How Family Relationship Affects Mental Health of Children and Teenagers in Hong Kong

簡介家庭關係如何影響香港兒童和青少年的心理健康

Date: April 24, 2024 (Wednesday)
Time: 7:00pm – 9:00pm
Venue: Asian Academy of Family Therapy (AAFT) - No. 4 Pottinger Street, Central
Fee: Free-of-charge
Presenter: Mr. Leung King Chi
Language: Cantonese (supplemented with English)

About the Talk

According to a citywide research by the Chinese University of Hong Kong (CUHK), about 25% of children and teenagers in Hong Kong experienced a mental illness in 2022 and 50% of them had two or more co-occurring illnesses. Furthermore, 8% of pupils in secondary schools reported having considered suicide at some time. This presentation will provide a family perspective on these findings and discuss how family relationships affect the mental health of children and teenagers.

About the Speaker

Mr. Leung King Chi is Approved Supervisor and Professional Member of AAMFT. He is also a Registered Professional Engineer. Built on a solid foundation of his substantial and extensive knowledge and experience in administration, engineering and family therapy, Mr. Leung's clinical services and trainings are strong in theoretical foundation and practical in daily life contexts.

To register, please visit: <https://forms.gle/THfmdjurnmCLEUXM6>



Successful applicants will be notified in writing within two weeks from when the application was received. Kindly note that your registration is not complete until you have confirmed receipt of our attendance confirmation email.

AAFT reserves the right to make final decisions on all program-related matters.