



# The 11th Annual Conference of Asian Academy of Family Therapy

Family Therapy in the 21st Century:  
New Challenges, New Possibilities

Date. June 24(Wed) - June 26(Fri), 2026

Venue. Lee Youn Jae Hall, Yonsei University, Seoul, Korea


<http://aافت2026.org>





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# Welcome Message



## **Mia Seo, Ph.D.**

President, Korean Association of Family Therapy

Hello Couple and Family Therapists!

Welcome to the website of the 11th 2026 AAFT Conference, which will be held in Seoul, South Korea.

The 2026 AAFT Conference is proudly co-hosted by the Korean Association of Family Therapy (KAFT) and the Korean Institute for Healthy Family (KIHF), the government institution responsible for developing and implementing Korea's family policies.

The conference will be organized around three major themes: AI and Family Therapy, Government-led Family Therapy Services in Korea, and The Person of the Therapist.

We warmly invite family therapists from across Asia and around the world to join us—not only for scholarly growth but also to enjoy the richness of Korean culture, including K-pop, K-Beauty, Korean cuisine, and traditional cultural experiences.

We hope that all of us, connected through the field of family therapy, will come together to create a truly inspiring and illuminating academic celebration.

We look forward to seeing you all in Seoul!



## **Ku-yeon Park**

Chairperson, Korean Institute for Healthy Family

I am honored to welcome you to the 11th AAFT International Conference in Korea. It is a great pleasure to host this gathering of esteemed scholars, practitioners, and students who are dedicated to advancing the field of family therapy across our diverse regions.

I hope this conference provides a meaningful space for connection, reflection, and collaboration. May our shared insights and collective efforts further strengthen the professionalism of family counseling and family therapy, and contribute to the well-being of families throughout Asia and beyond.

I extend my deepest gratitude to all participants for your commitment and presence, and I wish you an enriching and inspiring conference experience.



## **Viviana Cheng**

Executive Director, Asian Academy of Family Therapy

Dear Family Therapy colleagues,

As Executive Director of the Asian Academy of Family Therapy, I couldn't be more excited to invite you to our 11th AAFT Conference in the vibrant city of Seoul, South Korea in June 2026! This landmark gathering will bring together colleagues, presenters, and friends from across the region and beyond to explore three timely and thought-provoking themes: AI and Family Therapy, Government-led Family Therapy Services in Korea, and The Person of the Therapist. We look forward to inspiring keynotes, interactive workshops, and the rich exchange of ideas that have always defined our AAFT community.

Mark your calendars, pack your curiosity, and join us in Seoul – it's going to be unforgettable!

Warmly,  
Viviana

# Committee

Committee	Position	Name
Advisory Committee		Sun Hae Lee
		Young-Ju Chun
		Eunsuk Cho
		Jimin Lee
		Takeshi Tamura
		Viviana Cheng
		Ping-Chuan Hsiung
Organizing Committee	Chair	Mia Seo
	Member	Tai-Young Park
		Jiwon Choi
		Bora Jin
		Kyuho Lee
		JooHong Min
		Sunghui Cho
		Haeng Jung Lim
		Jina Kang
		Ji Sun Kim
		Sookyung Kwak
		Mee Ock Ahn
		Woochul Park
		Jinhee Lee
Jeong-yun Park		
Scientific Committee	Member	Jung Eun Ko
		Yuen Mi Cheon
		Seongeun Kim
		Young-mae Song
		Yu-jin Jeong
		Grace Chung
		Woosang Hwang
		Mami Onishi
		Noriko Odagiri
		Sung-Hsien Sun
		Yen-Chun Liu
		Eun Young Kim
		Hye Seong Jeon
		Soojee Kim
		Hyunju Lee
		Taehan Kim
		Administrative Committee
Eunsun Youm		
Susanna Joo		
Seong Hee Kim		

AAFT 2026 is jointly organized by the Korean Association of Family Therapy, the Korean Marriage and Family Counseling Association, and the Korean Association of Family Relations. 본 학술대회는 한국가족치료학회, 한국부부가족상담학회, 한국가족관계학회가 함께 합니다.

# Keynote Speakers

Keynote Session I

14:00 - 15:00

Wednesday, June 24

## Artificial Intelligence (AI) and Family Therapy



### Timothy Sim

Singapore University of Social Sciences



Professor Timothy Sim has dedicated nearly three decades to counselling and family therapy locally, regionally and internationally, as a social worker. Since returning from Hong Kong after two decades, he is currently advancing counselling, family therapy, and practice research at Singapore University of Social Sciences (SUSS).

Tim is committed to supporting practice, research, and services for families facing challenges, particularly addiction, divorce, incarceration, poverty, and violence. He promotes transdisciplinary collaborating across various sectors and disciplines to embrace diversity and contextualize practices within local and regional's evolving landscape.

Currently, Tim serves as the Head of the Master of Counselling programme at SUSS and is Vice-President of the Asian Academy of Family Therapy. He is also an editorial board member of two leading international family therapy journals: the Journal of Family Therapy and the Journal of Marital and Family Therapy. Notably, he is the only Asian invited to contribute two chapters in the prestigious Handbook of Systemic Family Therapy (2020), one focusing on global directions in systemic family therapy. Tim is the most cited academic in counselling, family therapy, and social work in Singapore, according to the citation h-index in Scopus.

## Family Therapy Systems in Korea as an Emerging Model

**Jina Kang**

Director, Dobong-gu Family Center, Seoul, Korea



- Director, Dobong-gu Family Center, Seoul, Korea
- Adjunct Professor, Department of Child and Family Counseling Studies, Graduate School of Counseling, Duksung Women's University, Seoul, Korea
- Supervisor, Korean Association for Family Therapy (KAFT)
- Author, Understanding Psychodynamics for Parental Education and Counseling

**Ppudah Ki**

Associate Professor, Department of Human Ecology (Family Welfare and Counseling Major), Korea National Open University, Seoul, Korea



- PhD., LMFT
- Associate Professor, Department of Human Ecology(Family Welfare and Counseling Major), Korea National Open University, Seoul, Korea
- Editorial Board, Journal of Family and Family Therapy, Korean Association of Family Therapy (KAFT) - Family Counselors Supervisor, Korean Association of Family Relations (KAFR)
- Certified Professional Counselor, Korean Counseling Association (KCA)

**Sun Hae Lee**

Professor, the Department of Social Welfare & School of Psychological Services at Chung-Ang University, Seoul, Korea



Sun Hae Lee, MSW, PhD, is a professor in the Department of Social Welfare & School of Psychological Services at Chung-Ang University, Seoul, Korea. Her research interests focus on developing innovative programs and practitioner training models aimed at expanding systematic approaches within mental health service settings. In particular, her recent work includes applying post-structural narrative practices to address repositioning and empowerment of people with mental illness and their families, and training and community building of mental health peer supporters. She also explores nuanced topics such as therapy as a cultural phenomenon, the counselor's conception of ethical practice, and the influence of Korean cultural discourses on therapeutic alliances. In addition, she has served as the President of the Korean Family Therapy Association and the Korean Society of Narrative Therapy, and the founding Editor in chief of the Asian Journal of Family Therapy.

## The Self-of-the-Therapist in the Era of Technological Advancement



### Wonyoung Cho



Assistant Professor, the MCFT program at Lewis & Clark Graduate School of Education & Counseling, Portland, Oregon

Wonyoung L. Cho, PhD, LMFT, is a biliterate and bicultural 1.5-generation Korean-American based in Portland, OR, USA, and is passionate about access and equity of mental health services and higher education. She is an associate professor in the Marriage Couple and Family Therapy program at Lewis & Clark Graduate School of Education and Counseling, a licensed marriage and family therapist, and an AAMFT-approved supervisor. Her clinical experience includes working with a multidisciplinary treatment team in an outpatient medical setting, specializing in trauma work with children and youth.

As an interdisciplinary practitioner-researcher, her interest lies in learning from multilingual experiences and using languages as markers of culture to understand and inform culturally responsive and responsible pedagogy, practice, and research. She specifically utilizes the development of the self-of-the-therapist framework to address and understand effective pedagogy for cultivating culturally relevant practitioners.

She received her PhD in Education from the Joint Doctoral Program of San Diego State and Claremont Graduate University, and Master's degree in Marriage and Family Therapy from San Diego State University. In recent years, she served as a member of the leadership (2023-2024) and the executive board (2022-2025) of the American Family Therapy Academy (AFTA), and in the Division on Practice (DoP) of the Asian American Psychological Association (AAPA). She currently serves as a member of the Accreditation Review Committee (ARC) for the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) in the United States of America and of the International Exchange Committee for the Korean Association of Family Therapy (KAFT).

# Call for papers

## > Important Date

\* All dates are based on Korean Standard Time (GMT+9)

- **Abstract Submission Deadline** : March 31, 2026
- **Abstract Modification Deadline** : Same as submission deadline (unless otherwise indicated)
- **Notifications of Acceptance** : April 30, 2026

\* The abstract must be limited to 1,000 words. (excluding references).

The 11th Conference of the Asian Academy of Family Therapy (AAFT 2026) warmly invites scholars, practitioners, and students from around the world to submit papers for presentations.

This conference provides a vibrant forum for exploring the evolving landscape of family therapy across cultures and systems, fostering dialogue, learning, and collaboration among professionals in the field.

**We particularly encourage submissions related to the conference's three keynote themes:**

1. Artificial Intelligence (AI) and Family Therapy
2. Family Therapy Systems in Korea as an Emerging Model
3. The Self-of-the-Therapist in the Era of Technological Advancement

However, we also welcome papers on any topic relevant to family therapy, including clinical practice, training, supervision, research, and policy development.

**Join us in Seoul to share your insights, innovations, and experiences as we continue to advance family therapy across Asia and beyond.**

 Paper Submission

# Daily Program

Although Korean subtitles will be shown on the screen in the main hall, participants can also access AI translation in their own language on their personal devices

## Conference ( June 24 Wed. - 26 Fri.)

Date/Time	6/24 (Wed)	6/25 (Thu)	6/26 (Fri)
09:30-09:45		Greetings	Greetings
09:45-10:45		Keynote Session II Sun Hae Lee, Jina Kang, Ppudah Ki	Keynote Session III Wonyoung Cho
10:45-11:00		Coffee Break	Coffee Break
11:00-12:30		Plenary Session II Family Therapy Systems in Korea as an Emerging Model	Plenary Session III The Self of the Therapist in the Era of Technological Advancement
12:30-13:00	Registration	Lunch	Closing
13:00-13:45			Site Visitation
13:45-14:00	Greetings	Native-Language Forums English, Korean, Japanese, Chinese	
14:00-14:30	Keynote Session I Timothy Sim		Coffee Break
14:30-15:00			
15:00-15:15	Coffee Break	Coffee Break	Post-Workshop I KTJ Session I
15:15-16:45	Plenary Session I AI and Family Therapy	Oral Presentations / World Network Meeting	
16:45-17:00	Closing	Closing	
17:00-18:00		Break	Closing
18:00-19:00			
19:00-21:00		Gala Dinner	

- All keynote and plenary sessions will be provided with Korean simultaneous subtitles (highlighted in blue).
- Site visitation will be held from 1:00 to 2:30 on Friday. Additional information will be provided to participants via email.

**Post-Workshop ( June 27 Sat. - 29 Mon.)**

Date/Time	6/27 (Sat)	6/28 (Sun)	6/29 (Mon)
09:30-09:45	Post-Workshop I KTJ Session II	Post-Workshop II ICG Sharing I	Post-Workshop II ICG Sharing III
09:45-10:45			
10:45-11:00			
11:00-12:30			
12:30-13:00	Lunch	Lunch	
13:00-13:45	Post-Workshop I KTJ Session III	Post-Workshop II ICG Sharing II	
13:45-14:00			
14:00-14:30			
14:30-15:00			
15:00-15:15			
15:15-16:45			
16:45-17:00	Closing	Relocation	
17:00-18:00		Dinner & Korean Spa at CIMER (Jimjil-Bang)	
18:00-19:00			
19:00-21:00			

 **Registration**

# Post-Workshops

## > Post-Workshop I: KTJ

Dates: 6/26(Fri)-6/27(Sat)

Venue: Korean National Open University, Seoul

KTJ is a Korea-Taiwan-Japan Cross-Cultural Family Therapy Case Conference that brings together clinicians to explore complex and meaningful family therapy cases. Through shared cases and collaborative dialogue, participants gain fresh ideas, creative interventions, and deeper systemic insights.

▽ Post-Workshop I: KTJ

## > Post-Workshop II: ICG

Dates: 6/28(Sun)-6/29(Mon)

Venue: Nest Hotel Incheon (tentatively), Incheon

ICG is a small international community of mental health professionals dedicated to self-of-the-therapist work. Through intimate, small-group experiences, participants engage in deep, reflective processes that support personal and professional growth.

If you are interested in joining, please complete and submit the form below.

▽ Post-Workshop II: ICG

- To complete your application, please make a payment on the Registration page after submitting your forms.
- Please note that all post-workshop sessions will be conducted in English (Small-group discussions in KTJ can be conducted in native languages when needed).

# Venue



B1 Auditorium, Lee Youn Jae Hall, Yonsei University, Seoul, of Korea  
Address: Lee Youn Jae Hall, Yonsei University, 50 Yonsei-ro, Seodaemun-gu, Seoul, Korea



 **By Subway:**

**Line 2**

Sinchon Station

Exit no.3 → Bus 7024 → Demonstration Middle School College of Ewha Womans

**Line 3**

Dongnimmun Station Exit no.4 → Bus 7024 → Demonstration Middle School College of Ewha Womans University

Exit no.4 → Bus 7737 → Ewha Womans University Back Gate

 **By Bus:**

Ewha Womans University Back Gate	<b>Blue</b>	272, 470, 601, 606, 672, 673, 700, 710, 750A, 750B
	<b>Green</b>	6714, 7737
	<b>Red</b>	M7111, M7119, M7154
	<b>Airport</b>	6011
	<b>Nonstop</b>	7111, 7200
Demonstration Middle School College of Ewha Womans Univ.	<b>Blue</b>	272, 606, 673, 742
	<b>Green</b>	7017, 7024

## From Airport(Airport Limousine Bus)

Route Name (Bus number)	Airport → Ewhayeodae Back Gate (6011)
Bus Type	Limousine (Standard)
Direction	Seoul(North)
Station	Incheon Airport Terminal 2 → Incheon Airport Terminal 1 → Mapo-gu Office stn / World Cup Stadium Ipgu → Yeonhui 104 Hill → Yonsei Univ. → Ewhayeodae
Bus Stop No.	Incheon International Airport (T1): 5B-3 platform Incheon International Airport (T2): B1F, No.31 platform

### Airport Bus Info

- Interval : Every 20~30 min.
- Traveling Time : 68~73 min
- First Bus: From Airport - 05:24 / From Ewha-yeodae Back Gate - 04:35
- Last Bus: From Airport - 22:54 / From Ewha-yeodae Back Gate - 20:52
- Fee : 17,000 won
- Homepage Information : <http://www.airportlimousine.co.kr/>

# Hotel Accommodation

## Ever8 Serviced Residence



<b>Address</b>	Sinchon PurgioCity, 7 Sinchonyoek-ro, Seodaemun-gu Seoul, Korea
<b>Tel</b>	+82-2-364-0807
<b>Website</b>	<a href="http://www.ever8.co.kr/">http://www.ever8.co.kr/</a>

**연세대학교 경영대 상남경영원**  
**(Yonsei Sangnam, Sangnam Institute of Management at Yonsei University)**



<b>Address</b>	Sangnam Institute of Management, Yonsei University, 50 Yonsei-ro, Seodaemun-gu, Seoul, Korea, 03722
<b>Tel</b>	+82-2-2123-4263~7
<b>Website</b>	<a href="https://sim.yonsei.ac.kr/facility.asp?mid=n04_01">https://sim.yonsei.ac.kr/facility.asp?mid=n04_01</a>

**▶ 추천인 정보(Recommender Information)**

구분(Status): Teacher

소속(Department): Institute of Future City and Society, Yonsei University

이름(Name): Dr. Yun Mook Lim (Director)

주관부서(Main Department): Institute of Future City and Society, Yonsei University

행사명(Event Title): AAFT2026 (The 11th Conference of Asian Academy of Family Therapy)

# Welcome to Seoul

Seoul, the vibrant capital of South Korea, is a dynamic metropolis that flawlessly blends ancient history with cutting-edge modernity. As the host city for our upcoming international conference, Seoul offers an unparalleled setting for academic exchange, cultural exploration, and memorable experiences.

## > A City of Contrast and Harmony



- **Historical Treasures:** Explore magnificent palaces like Gyeongbokgung and Changdeokgung, stroll through the traditional Bukchon Hanok Village, and delve into the city's rich past at countless museums and historical sites.
- **Technological Hub:** Seoul stands at the forefront of the digital world, boasting one of the world's fastest internet infrastructures and a global reputation for innovation in technology, IT, and design.
- **Cultural Hotspot:** Experience the global phenomenon of K-Culture, from the vibrant K-Pop scene and world-class cinema to diverse culinary delights and dynamic art installations.

<https://hanok.seoul.go.kr/front/kor/town/town01.do>

## ➤ Discover the Neighborhood: Near the Conference Venue

Our conference venue is conveniently located near Yonsei University, placing you within easy reach of one of Seoul's most dynamic and youthful districts, including Sinchon and Hongdae.

<https://korean.visitseoul.net/attractions>

- Sinchon & Hongdae: Youth, Creativity, and Urban Energy



© Seoul Tourism Organization (Visit Seoul)

The Sinchon–Hongdae area is widely recognized as a center of youth culture, creativity, and contemporary urban life in Seoul.

- Creative and Cultural Hotspot  
Centered around Hongik University, Hongdae is renowned for its independent music scene, street performances, galleries, and design-oriented shops—offering an authentic glimpse into Korea's modern creative culture.
- Lively Street Life  
The area is filled with trendy cafés, diverse international restaurants, fashion boutiques, and pop-up stores, creating a vibrant atmosphere throughout the day and night.

[https://korean.visitseoul.net/entertainment/%EC%84%9C%EC%9A%B8%EC%9D%98-%EB%B0%A4%EC%9D%84-%EC%A6%90%EA%B8%B0%EC%9E%90-%ED%99%8D%EB%8C%80-%EC%9D%BC%EB%8C%80-%EA%B2%BD%EB%A6%AC-%EB%8B%A8-%EA%B8%B8/KOP000032?utm\\_source=snssharing&utm\\_medium=urlcopy](https://korean.visitseoul.net/entertainment/%EC%84%9C%EC%9A%B8%EC%9D%98-%EB%B0%A4%EC%9D%84-%EC%A6%90%EA%B8%B0%EC%9E%90-%ED%99%8D%EB%8C%80-%EC%9D%BC%EB%8C%80-%EA%B2%BD%EB%A6%AC-%EB%8B%A8-%EA%B8%B8/KOP000032?utm_source=snssharing&utm_medium=urlcopy)

# VISA Information

🔍 Find the Right Visa for You

To determine the most appropriate visa or entry requirement, please utilize the Visa Navigator. When prompted, kindly select 'Short Term Visit' as your purpose of entry and a stay duration of '90 days or less'.

[Visa Navigator](#) ↗

## > Visa Support

Participants who require supporting documents for visa applications are kindly requested to contact the Organizing Committee.  
Contact: Bora Jin (mft4us@gmail.com)

## > K-ETA (Korea Electronic Travel Authorization)

K-ETA is mandatory for nationals of countries that have visa-waiver agreements or are designated as visa-free by the Republic of Korea.

We kindly advise all eligible travelers to apply for the K-ETA at least 72 hours prior to their departure. Please note that due to a potentially high volume of applications, notification of the result may occasionally take longer than 72 hours. Therefore, we strongly recommend submitting your application well in advance of your travel dates.

The K-ETA is required for foreign nationals whose purpose of entry includes tourism, visiting relatives, participation in non-profit events or meetings (such as our conference), or non-profitable business activities.

<https://www.k-eta.go.kr/portal/newapply/applystep1.do>

# Overview

## Asian Academy of Family Therapy 11th Annual Conference (AAFT 2026)

Family Therapy in the 21st Century: New Challenges, New Possibilities

### Dates

June 24-26, 2026

### Venue

Lee Youn Jae Hall, Yonsei University,  
Seoul, Korea

### Host

Korean Association of Family Therapy  
Korean Institute for Healthy Family  
Yonsei University, Institute of Future  
City and Society

### Official Language

English

### 📍 Secretariat

Korean Association of Family Therapy Secretariat  
Tel: +82-2-6351-7879  
Email: [kaft@familytherapy.or.kr](mailto:kaft@familytherapy.or.kr)