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The Hong Kong Jockey Club Charities Trust

Jockey Club Family Therapy Programme

Interactive Workshop

“Problem” Child? Look Beyond the Symptoms!

「問題」兒童面面觀

Date	: June 12, 2024 (Wednesday)
Time	: 7:00pm – 9:00pm
Venue*	: Asian Academy of Family Therapy (AAFT) - No. 4 Pottinger Street, Central
Fee	: Free-of-charge
Presenter	: Dr. Anita Tsang
Language	: Cantonese (supplemented with English)

About the Workshop

Children and adolescents often present with physical symptoms such as recurrent abdominal pain, vomiting, or chronic headaches without any identifiable underlying organic causes. Others present with behavioral problems including hyperactivity, temper tantrums, and poor conduct that parents often find difficult to manage, even with input from different professionals.

At this workshop, Dr. Tsang will explore how one can assess children’s symptoms using a systemic perspective. Instead of focusing on the “problem” child, she believes one should look beyond the symptoms and explore on how the symptoms and relationships are closely intertwined. Video clips of family sessions will be shown to highlight how a new understanding of the problems may bring about new possibilities in symptom management.

About the Speaker

Dr. Anita Tsang is a council member of AAFT. She is a pediatrician with over 30 years of experience in public practice and has special interests in working with children and adolescents with behavioral problems, psychosomatic diseases and eating disorders.

To register, please visit: <https://forms.gle/Pgdvuz1cRoLYqfCA6>



Successful applicants will be notified in writing within two weeks from when the application was received. Kindly note that your registration is not complete until you have confirmed receipt of our attendance confirmation email.

AAFT reserves the right to make final decisions on all program-related matters.