

AAFT 5th Conference Pre-and Post- Conference Workshops

Assessing and making use of Children's Response to Parental Conflict

Pre-conference workshop conducted by Wai-Yung Lee, Ph.D.

Date: October 25, 2018 (Thursday)

Time: 9:00-16:30

The Family Biofeedback Assessment protocol was designed to elicit a child's physiological arousal (including heart rate, skin conductance, and peripheral temperature) when they are exposed to parental discourse. The arousal scores as obtained would then be used to identify what exactly in the parental conflict is causing the child's anxiety. This goal of this assessment protocol is to provide clinical evidence on how the child's presenting problem is linked to his/ her family dynamics, making it much easier for therapists to motivate the family to therapy.

In this one-day workshop, Dr. Wai-Yung Lee and her team will demonstrate step-by-step how this protocol can be applied to two Taiwan families with child and adolescent problems. Participants will have an opportunity to take part in this live experience and learn how to use this clinical tool in their everyday practice.

This protocol has been developed over a decade, during which over 200 Asian Chinese families have been assessed, covering a range of presenting symptoms including school refusal, eating disorder, anxiety attacks and child depression. Recently, the use of this protocol has expanded to understand children of divorced families.

The workshop will be conducted in Mandarin with English translation.

Working with School Refusal families

Pre-conference workshop conducted by Takeshi Tamura, M.D.

Date: October 25, 2018 (Thursday)

Time: 9:00-16:30

School Refusal and Social Withdrawal (called Hikikomori in Japan) are major mental health issues among young people in the 10s and 20s for the last 30 years in Japan. They are more commonly observed in Asian societies (Taiwan, China, and Korea).

This workshop will offer following items:

- 1) Clear understanding of these problems with detailed case examples.
 - a) Individual level: differential diagnosis from autism spectrum, ADHD, learning disorder, schizophrenia, depressive disorder and anxiety disorder.
 - b) Family system level: childhood trauma, child abuse, anxious attachment between parent and child, conflict between parents, conflict with in-laws and extended family members, socio-economic difficulty, and physical and psychiatric illness of the family member.
 - c) Socio-cultural level: high expectation of academic performance, conflict and bullying in the school, influence of the internet, and nature of group oriented society.
- 2) Therapeutic Support that family therapists and mental health professionals can offer.
 - a) Individual level: psychiatric assessment and treatment, individual psychotherapy of face-to-face or on-line.
 - b) Family system level: family therapy, parent training, and group therapy for parents.
- 3) Case Consultation; a few participants will present their ongoing case for the group consultation by Dr. Tamura.

About the presenter:

Takeshi Tamura, M.D. is a child and adolescent psychiatrist and family therapist. He took family therapy training at the Tavistock Clinic and Institute of Family Therapy in London, U.K. He was a former professor at Tokyo Gakugei University, and now in private practice in central Tokyo. He is a vice president of Japan Association of Family Therapy, Chair of International Committee in Asian Academy of Family Therapy, and a board of director in International Family Therapy Association. He has authored many books on School Refusal and Family Therapy, including a Chinese book 《搶救繭居族：家族治療實務指南》（心靈工坊）.

Sadness, Self Harm and Suicide Attempts In Adolescents - How To Elicite Resources From Extended Families And Community

Post-conference workshop conducted by Maurizio Andolfi, M.D.

Date: October 28, 2018 (Sunday)

Time: 13:00-19:30

Intense sadness & depressive episodes in adolescence are frequently misunderstood. These are often labelled and overmedicated as a mental disorder. In reality, these manifestations often represent an intense, emotional response to personal & family events like school failures, peer or social exclusion, parents' hostile divorces, sudden loss, and other events.

In this presentation, Maurizio Andolfi will outline how to recognise the dramatic feelings of discomfort & despair experienced by frail adolescents. Through self-harm and suicide attempts, they communicate their personal fears and insecurities and signal open family conflicts and painful wounds of the past.

A multigenerational-systemic approach aims to restore self-confidence and safety in adolescents as well as to produce family transformation. Healing resources can be elicited by engaging families of origin, friends and community members in order to restore family harmony and social support. Systemic interventions to work jointly with hospital staff and treating psychiatrists will be illustrated too.

About the presenter:

Prof. Maurizio Andolfi, child psychiatrist and master family therapist, Director of the *Accademia di Psicoterapia della Famiglia in Rome*, Editor in chief of the *Italian Journal Terapia Familiare*. He is presently professor in Residence at *William Street Family Therapy Centre in Perth* and has been teaching at the *Department of Clinical Psychology of the University "La Sapienza" in Rome* for 40 years.

In 2012 he received the title of *Distinguish Talent from the Australian Government* and in 2016 he got the *American Family Therapy Academy Award for Life Achievements*. While in Australia he published his more recent books: *Teen voices- Tales of family therapy (Wisdom Moon, San Diego, 2013)* and *Multigenerational family therapy (Routledge, London, 2016)*.

Relational Dialogue of Social Construction: A New Concept of Asian Family Therapy

Post-conference workshop conducted by Shi-Jiuan Wu, Ph.D.

Date: October 28, 2018 (Sunday)

Time: 13:00-19:30

With the changes of the times and the rapid evolution of the societies. How the social construction theory creates hopeful dialogue of the relationships in different family issues in response to times has received great attention in the world of family therapy in recent years. In this workshop, several family therapists will be invited to share their reflections and practices on the use of social construction in the field of family therapy.

About the presenter:

***Shi-Jiuan Wu, Ph.D.**, Iowa State University, Family and Marriage Therapy, minor in Gerontology. Dr. Wu is the founder and CEO of the Center of Creative Dialogue, a member of the Post-Modern Academy of the Taos Institute in United States, a distinguished professor at the Houston Galveston Institute and a distinguished advisor of the Social Construction Doctoral Program of Taos Institute in the United States and Vrije Universiteit Brussel in Belgium. She is also a member of editing committee of the Worldshare Books, an International Consultant of International Journal of Collaborative Practice. At present, she mainly promotes the theory and practice of narrative therapy and post-modern family and marriage therapy in Taiwan, mainland China, Hong Kong, Malaysia and Singapore, and promotes the practice of post-modern thinking in practice of psychotherapy theory. Through workshop teaching, interviews, individual supervision, group supervision, online supervision, and organization consulting, it brings a reflection of hopeful and warm dialogue that is full of possibilities, and it further re-creates and constructs a personal treatment style, while at the same time achieving impact of counselor/therapist in the personal and professional level, which includes marriage, parenting, and the overall relationship and sustainable growth with the organization.*

Registration Fees

Have had registered for the Conference

單場 One Pre-/ Post-conference workshop and Annual Conference NT\$1000 (US\$35)

兩場 Two Pre- and Post-conference workshops and Annual Conference NT\$1800 (US\$60)

Had NOT registered for the Conference

單場 One Pre-/ Post-conference workshop only NT\$3000 (US\$100)

兩場 Two Pre- and Post-conference workshop only NT\$4000 (US\$130)

Venue: Shih Chien University

Registration Deadline: October 4, 2018

Registration Link: <https://goo.gl/forms/k6eq9tsKbyr7G19M2>

Organizer: Taiwan Institute of Psychotherapy, Asian Academy of Family Therapy