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The Hong Kong Jockey Club Charities Trust

Jockey Club Family Therapy Programme

Workshop Series

Working with Mental Health Problems in the Family Context

- Dates:** June 10th and June 24th, 2023
Time: 10am – 5pm
Venue*: Asian Academy of Family Therapy (AAFT) - No. 4 Pottinger Street, Central
Fee: Free-of-charge
Presenters: Dr. Dickson Chow, Dr. Ansen Tse & Dr. Larina Yim
Language: Cantonese (supplemented with English)

Based on the work of the clinical team at the Asian Academy of Family Therapy, this workshop series will share our initiative in working with mental health problems in the family context. Using videotaped segments for illustration, our Faculty will share a novel approach in addressing mental illness in the family. This workshop will cover four major themes in working with individuals with mental illness, including how to address individual symptoms in the family context and how to use our specially designed Family Biofeedback Assessment protocol[®] to depict individual physiological responses in relation to family relationships. The presentation will also cover a range of affective and anxiety disorders as well as psychosomatic disorders.

The purpose of this training is to recruit professionals from multi-disciplinary backgrounds who are interested in becoming affiliated with AAFT to develop a new approach in working with mental illness. Participants must enroll in all sessions in order to receive a Certificate of Attendance and to be invited to join the intermediate and advanced training.

To register, please visit <https://forms.gle/mUrdbMgbLere2La27>



Seats are limited! Successful applicants will be notified in writing within two weeks from when the application was received. If you do not hear from us by then, please consider your application unsuccessful. AAFT reserves the right to make final decisions on all program-related matters.

**Alternative arrangements may be made for the workshop depending on the COVID-19 situation and infection control measures that are enforced.*