

Understanding the mental health development of youth from the trans-generational family perspectives *Knowledge exchange platform with Wai Yung Lee, Ph.D. and her clinical team*

Date: December 2, 2023 (Saturday)

Time: 10am – 5pm

Venue: Asian Academy of Family Therapy, No. 4 Pottinger Street, Central, Hong Kong

Fee: Free-of-charge (sponsored by the Lee Kum Kee Family Foundation)

In this one-day workshop, Dr. Wai Yung Lee and her clinical team at the Trans-generational Center will present new findings and insights from their clinical work on trans-generational family relationships and their impact on the mental health development of youth and children. Through the use of video segments and vignettes from live case sessions, Drs. Irene Kam and Ansen Tse will also share their experiences in working with a teenage girl who exhibits emotional instability and engages in repeated self-harm behavior. They will demonstrate how to effectively integrate concepts from both family therapy and individual psychotherapy when working with such cases.

The objective of this knowledge exchange is to disseminate the clinical model developed by the Trans-generational Center for working with distressed children and youth. The workshop is specifically tailored for experienced mental health professionals who want to explore and enhance their approaches to working with young people within a family context.

Priority for registration will be given to individuals who have previously attended the basic and advanced trainings on Working with Trans-generational Families.

Priority would be given to applicants who can apply this body of work in their own practice. Successful applicants will be notified in writing within one week from when the application was received. If you do not hear from us by then, please consider your application unsuccessful.



Please register now at <https://forms.gle/S4Kk68d4ybLtAbnVA>

◆ AAFT reserves the right to make final decisions on all program-related matters. ◆